



# TIHOI ITEMS CHECKLIST

Please tick the boxes of the items that you need to purchase

## CASUAL CLOTHING

- 2 sets of pyjamas
- 2 long-sleeved shirts
- 2 short-sleeved shirts
- 2 casual pairs of shorts
- 1 polar fleece pair of shorts
- 5 quick dry t-shirts
- 2 pairs of trousers (jeans or track pants)
- 10 pairs of underpants

## OUTDOORS

- 1 cap or sunhat
- 1 compression or lycra shorts
- 1 dinner set (1x bowl, dinner plate, knife, fork, spoon, mug)
- 2 fleece beanie
- 2 fleece pants
- 2 long sleeve fleece tops (lightweight)
- 1 fleece heavy weight jacket (full or half zip)
- 1 pair garden gloves (suitable to pull blackberry)
- 2 pair thermal gloves
- 1 pair waterproof gloves
- 1 pair woolen gloves
- 8 pairs of woolen socks (attach with loops)
- 1 headtorch (If USB charged, must be able to take regular batteries)
- Spare batteries for headtorch
- Snow Goggles
- 1 long-sleeved quick dry shirt (fishface hoodie good option)
- 1 pair overalls (poly cotton)
- 1 thermal buff (neck warmer)
- 3 thermal long-sleeved tops
- 1 thermal skull cap beanie
- 3 pairs thermal long johns
- 1 pair waterproof over trousers \*
- 1 pair waterproof rain jacket \*
- 1x 3-5mm full body wetsuit
- 1 pack liner
- 1 tramping pack (70 – 75 litre)
- 2 dry bags (30 – 35 litre)

\*20,000 waterproof rating minimum. Seam sealed, breathable.

## FOOTWEAR

- 1 pair dive booties
- 1 pair gaiters
- 1 pair spare boot laces (180cm)
- 1 pair leather tramping boots
- 1 pair of crocs or jandals/sandals
- 1 pair of gumboots
- 1 pair of slippers or Ugg Boots
- 1 pair shoes off road running (note that most running at Tihoi is performed on bush tracks and farm paddocks and a good tread is needed)

## FITNESS

- 1 House singlet
- 1 pair St Paul's sports shorts
- 4 pairs running socks
- 1 light-weight windbreaker

## TOILETRIES

- 2 face cloths
- 4 towels + 2 Dri-fit towels
- 1 bag of toiletries (Toothbrush, toothpaste, soap, shampoo, roll on deodorant)

## BEDDING

- 1 sleeping bag (-6 degrees lower limit. No Down sleeping bags, must be synthetic)
- 1 sleeping bag liner (no cotton or polycotton)
- 1 sleeping mat (closed cell foam formation, no inflatable mats)
- 1 single duvet and cover
- 1 pillow

## OTHER

- 10 plastic coat hangers
- 1 boot protector (Sno-seal, Fenice or Nikwax)
- 1 insect repellent
- 10 large plastic rubbish bags
- 1 pair polarised sunglasses
- 1 bottle sunscreen
- 1 calculator
- 1 Chrome Book + charger
- Inside games
- Pegs and container
- Pencil case (note stationery will be issued at Tihoi)
- 2 water bottles (1 litre each)

## OPTIONAL

- Alarm clock (digital or analogue)
- Bed socks
- Books
- Camera/go pro
- Playing cards
- Extra blanket
- Hot water bottle with cover
- Lamp or lantern for bedside
- Musical instrument
- Puzzles
- Thermal under wetsuit rash top
- USB
- Wall posters
- Waterproof watch
- Gran's Remedy
- Fish face hoodie (recommended)

Please note that cellphones, smartwatches and spray deodorants or aerosols of any kind cannot be taken to Tihoi

This list has been designed by the Tihoi Director and instructors and is the minimum requirement.



St Paul's  
COLLEGIATE SCHOOL  
TIHOI VENTURE SCHOOL